

# Could foods that inhibit digestive enzymes help fight type 2 diabetes?

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# Introduction

- Diabetes mellitus is a major public health problem worldwide. Hyperglycemia in diabetes can be very dangerous for the patients. Inhibiting α-glucosidase is an effective way to control blood glucose levels.
- The Product Makers Bioactive lab use Phytolin™ and Polynol™ to inhibit mammalian α- glucosidase to achieve better blood glucose control.

#### **Project Aims**

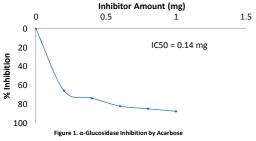
- Plant extracts Phytolin™ and Polynol™ are used to compare the potency of α-glucosidase inhibition with acarbose.
- Measure glucose uptake using different concentrations of Polynol™ to study the effect of Polynol™ on glucose transporters.

# Phytolin™ and Polynol™

Phytolin™ and Polynol™ are natural sugarcane extracts containing high levels of polyphenols, bioactive properties including antioxidant, anti- inflammatory and anti-microbial properties, lending the material attractive potentials of physiological functions in a number of health concern areas.

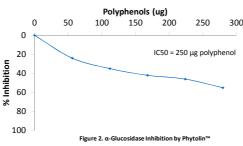
# Results





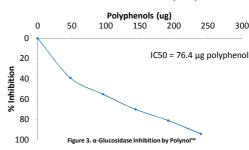
•Interpretation: Acarbose was used as a standard for  $\alpha$ -glucosidase inhibition. The half maximal inhibitory concentration (IC50) is 0.14 mg acarbose.

#### α-Glucosidase Inhibition by Phytolin™



■Interpretation: Phytolin $^{\text{IM}}$  inhibited α-glucosidase significantly. IC50 is equivalent to polyphenols 250 μg.

# α-Glucosidase Inhibition by Polynol™



■Interpretation: Polynol<sup>™</sup> showed a strong inhibition on  $\alpha$ -glucosidase. IC50 is equivalent to polyphenols 76.4 ug.

# Effects of Polynol™ on Glucose Uptake Under Sodium-Dependent Conditions FCS0 = 2.465 mg/ml 0 0.01 Polynol Concentration (mg/ml) 10

Figure 4. Inhibition of glucose uptake by Polynol™ under sodium-dependent conditions

#### Effects of Polynol™ on Glucose Uptake Under Sodium-Free Conditions

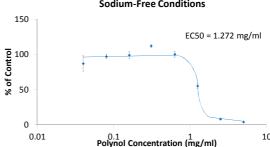


Figure 5. Inhibition of glucose uptake by Polynol ™ under sodium-dependent conditions

Interpretation: Glucose transporters 2 (GLUT2) and sodium glucose transporter 1 (SGLT1) are two major transporters responsible for glucose uptake. Glucose uptake inhibition was observed in Caco-2 cell with presence of different concentration of Polynol™ under sodium-dependent and sodium-free conditions. Polynol™ reduced glucose uptake significantly at a dose dependent manner with IC50 under sodium-dependent 2.465 mg/ml, IC50 under sodium-free condition 1.272 mg/ml. respectively.<sup>1,2</sup>

#### Method

- α- glucosidase was extracted from rat intestines. Acarbose, Phytolin™ and Polynol™ were incubated with α- glucosidase. IC50 was compared for different inhibitors.
- Glucose uptake in Caco-2 cells was tested by Brunswick Laboratories method.²

#### Conclusion

- In previous studies, yeast enzyme (saccharomyces cerevisiae) has been widely used for α-glucosidase inhibition. In our study, mammalian rat intestinal enzyme has been used. Phytolin™ and Polynol™ inhibit mammalian α- glucosidase effectively.
- Polynol™ may inhibit glucose uptake by modulating glucose transporters GLUT2 and SGLT1.
- Phytolin™ and Polynol™ can be blended with other strong α-glucosidase inhibitors to make highly potent supplement to assist in diabetes.

### For more information, please join us at stand 22 of AIFST for Phytolin™ products tasting. Embrace healthy living!